

# SEPTEMBER HIGH SCHOOL NEWSLETTER

## March 2009



Dear Friends,

Our Weekend with Dr. Michael Bradley (author of, "Yes, Your Teen is Crazy") was a resounding success. It's one thing to hold a fund raiser. It's quite another to provide such an important resource for our families and the greater community. The weekend events brought together over 300 people who learned important strategies for growing their teens. As a co-sponsor of the event, the school has received enormous positive feedback about the weekend's success.

As a school, we feel a strong philosophical alignment with Dr. Bradley's approach. Whereas, he talks about respect-based parenting, we work on cultivating that kind of relationship in our role as teachers. His points about helping teens to separate and discover how to function as adults validated our approach of not trying to control students, but helping them to develop their own internal controls. As a school, we will continue to study his approach and integrate ideas and concepts that fit with our school's model in a continuous effort to provide every teen with the best possible learning environment, catered to their individual needs.

As always, we encourage your involvement. Please let us know where you see our successes and in what ways you think we could look to improve. Here's to a great spring!  
- Dan

### UPCOMING DATES TO REMEMBER

Daylight Savings Time Begins.....	Sun., March 8 <sup>th</sup>
Thailand Spring Trip Information Meeting.....(7pm Science Building).....	Thurs., March 12 <sup>th</sup>
Pre-Eval Prep Day.....(NO SCHOOL).....	Fri., March 13 <sup>th</sup>
Evaluations.....(NO SCHOOL).....	Wed., March 18 <sup>th</sup> – Fri., March 20 <sup>th</sup>
Spring Break.....(NO SCHOOL).....	Mon, March 23 <sup>rd</sup> – Fri., March 27 <sup>th</sup>
Classes Resume.....	Mon., March 30 <sup>th</sup>
Spring After Hours Arts Classes Begin.....	Mon., March 30 <sup>th</sup>
Fall Pre-Registration Discount Deadline.....	Fri., April 10 <sup>th</sup>
Spring Garden Day / Community Clean Up and Cook Out.....9am to 3pm, Sept School.....	Sat., April 18 <sup>th</sup>

### DAYLIGHT SAVINGS TIME BEGINS

**Spring Ahead!** Don't forget to set your clocks ahead one hour before you go to sleep this weekend! Daylight Savings Time begins this Sunday at 2am. How will you enjoy an extra hour of sunlight as we head into Spring?

### DR. MICHAEL BRADLEY FUNDRAISING THANK YOU!

**Thank you** to all of you who attended or supported our recent event – A Weekend With Dr. Michael Bradley. It was a weekend of great discussions and relationship building, raising over \$8,000 for September High School and the Boulder Counseling Cooperative. Special Thanks to our fundraising committee for helping plan this great opportunity for parents and truly enjoyable evening: Dan Fox, Jan Hittelman, Alexis Valentine, Jennie Hyatt, Merle Brinkman, Laura Cochran, Elizabeth Irvine, Joy Chapman and Courtney Avery, and all of our student and community volunteers!

## MID SEMESTER STUDENT EVALUATIONS

Mid Semester Evaluations are a great time for your family to meet with all of your student's instructors and talk about how the semester is progressing. Evaluations will be occurring March 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup> and you should contact Alexis to schedule your time. Each evaluation is scheduled for about 25 minutes and will include written summaries of student progress in classes, opportunity to discuss progress towards graduation and college planning, and information about Spring Trips, Summer School, AHA and more.

## SPRING AFTER HOUR ARTS CLASSES BEGIN MARCH 30<sup>th</sup>

Its time for a new round of After Hour Arts classes! The new session of classes is scheduled to begin Monday, March 30<sup>th</sup> and will run for eight weeks. After Hour Arts is FREE and open to all teenagers in the Boulder Valley School District. September High School students are expected to take at least ONE After Hour Arts course during the semester unless they have a documented and organized alternative activity, volunteer work or employment.

## SPRING TRIPS



A key component of the end of the school year is the annual Spring Trip – an opportunity for self-exploration and challenge that is guided by Sept School staff and supported by a group of peers. This adventure takes many different forms and this year, we have exciting options for your student to consider. Students will be asked to participate in one of the following trips:

- Thailand Exploration (Overnight for Extended Days)
- Hiking and Camping (Overnight) in Canyonlands National Park, UT
- Whitewater Rafting and Camping (Overnight) in Buena Vista, CO
- Leadership Adventure (Overnight) in Rocky Mountain National Park, CO
- Art History and Culture (Overnight) in New York City, NY
- Archaeological Exploration (Overnight) in the Four Corners Region



It is possible that an additional trip will be added, based on student interest and instructor availability. Costs for the spring trip are dependent on activity costs, but generally range from \$250-\$450 for a 4 day trip (Tuesday morning through Friday afternoon). The trips to NYC and Thailand will have additional costs, including airfare. Stay tuned for much more detailed information.

## FALL PRE-REGISTRATION! REGISTER EARLY AND SAVE \$500!

Registration materials are available for the 2009-2010 school year and we are offering a **\$500 tuition discount** to new or returning students that register by April 10<sup>th</sup>. Call for your registration materials or pick them up at evaluations.

## SAVE MONEY ON PREPARATION for SAT, ACT, GRE and MORE!

Summer is a great time to start preparing for your college or graduate school entrance exam. **School Soup**, a website resource for college entrance and scholarship information has provided a \$100 coupon opportunity for test preparation from The Princeton Review. Whether you're taking the SAT, ACT, GMAT, MCAT, LSAT, or GRE, The Princeton Review may help you get a better test score. Visit School Soup ([www.schoolsoup.com](http://www.schoolsoup.com)) see all of the test preparation options offered, and save \$100!